SUB-PROGRAMME: CARE AND SERVICES TO OLDER PERSONS

1. PURPOSE OF THE SUB-PROGRAMME

To provide integrated and developmental programmes, services, and facilities to promote the well-being and protection of older persons including support to welfare facilities in partnership with stakeholders and civil society.

2. LEVELS OF SERVICES

Prevention, Early intervention, statutory and Residential /alternative care/reintegration

2.1 SOCIAL WORK SERVICES TO OLDER PERSONS

Objective

- Design and implement integrated services for the care, support and protection to older persons

2.1.1 PREVENTION LEVEL

Objective:

- To promote and maintain optimal independent and active living.

Type of services

- Education, awareness and advocacy programmes on the rights of older persons.
- Capacity building programmes
- Programmes promoting active ageing.
- Programmes promoting the empowerment and self-reliance of older persons e.g., life skills on abet, budgeting and parenting programme for older persons
- Intergenerational programmes
- Volunteer programme.
- Operation dignity programme

Outcome

- Informed and empowered older persons.
- Increased independence
- Respect, dignity and rights of older persons recognised and protected.

2.1.2 EARLY INTERVENTION

Objective:

- To provide developmental and therapeutic programmes to ensure older persons identified as being at risk are assisted before they require intensive intervention or statutory services.

Type of services

- Establishment and support to service centres and assisted living/support services.
- Protection services against abuse.
- Volunteer programmes.
- Counselling services.
- Services and programmes to older persons infected and affected by HIV and Aids.
- Facilitate access to services, e.g., health, social development, housing etc.
Outcome

- Improved intellectual, emotional, physical and social well being of older persons.
- Respect, dignity and rights of older persons restored.

2.1.3 STATUTORY / REUNIFICATION/ REINTEGRATION SERVICES INTERVENTION

Objective:

To protect older persons from abuse and neglect.

Type of services

- Counselling services.
- Reunification and reintegration services
- Screening for admission to residential and home based care programmes
- Registration and management of residential care facility or supported or assisted living as well as community based care and support services
- Removal of abused / neglected older person to place of safety

Outcome

- Respect, dignity and rights of older person protected

2.2. SERVICE CATEGORIES - RESIDENTIAL AND COMMUNITY BASED CARE AND SUPPORT SERVICES

1. RESIDENTIAL CARE SERVICES.

Residential Facilities for Older Persons

Objective

- To provide affordable and accessible residential care services to frail older persons who are 60 years and older who are in need of 24 hours care on a temporary or permanent basis in order maximally maintain their physiological, social and emotional well being.

Target group

- Frail older persons who are 60 years and older and whose physical, social and mental conditions render them in need of assistance and qualifies in terms of the DQ98.

Types of services

- Volunteer programme.
- Capacity building and education on ageing issues
- Active ageing
- Recreational and spiritual motivation activities.
- Provision of health care services e.g. rehabilitation, assistive devices and medication.
- Provision of laundry services.
- Provision of meals.
- Provision of domestic services.
- Assessment of applicants in terms of Dependency Questionnaire of 1998.
- Services and programmes for older persons infected and affected by HIV and Aids.
- Outreach programmes (e.g. home based care, transfer of skills to community based care projects).
- Provision of counselling services
- Reunification and reintegration services
- Safety beds for neglected and abused older persons.
• Respite care.
• Facilitate access to transport services.
• Day care services.
• Manicure and pedicure.

Outcome
• Protected older persons.
• Respect, dignity and rights of older persons protected

How to apply
• Persons in need of the service must apply directly to the Manager of the Facility or through a social worker.

Assisted/Supported Living Facilities

Objective:
• To provide housing, support and care services to frail destitute, older persons who do not require 24 hour care in order to maintain optimum level of independent living. A means test and the Dependency Questionnaire of 1998 assessment tool is utilised to determine eligibility for the service.

Target group
• Persons 60 years and older who are semi-frail, destitute but still independent, in need of care, support, shelter and qualify in terms of the Dependency Questionnaire of 1998.

Types of services
• Education, awareness and advocacy programmes.
• Volunteer programme.
• Recreational and spiritual motivation activities
• Active ageing programmes
• Provision of meals.
• Counselling services.
• Laundry services.
• Domestic services.
• Protection services against abuse.
• Facilitation of access to health, social development and other services.

Outcome
• Protected Older Persons
• Increased independence

How to apply
Persons in need of the service must apply directly to the Manager of the Facility or through a social worker.

2. COMMUNITY BASED CARE AND SUPPORT SERVICES

Service Centres and Luncheon clubs

Objective:
• To provide comprehensive community based care and support services to promote independent living as well as the physical, social and emotional well being of older persons who are still active and mobile.

Target group

• Older persons aged 60 years and older, who are able to function independently within the community

Types of services

• Services in respect of Indigent Policy e.g. social relief, material assistance, etc.
• Capacity Building e.g ABET, Parenting life skills e.t c.
• Education, awareness and advocacy programmes on ageing
• Facilitate provision of counselling services.
• Recreational and spiritual motivation activities
• Facilitate provision of health services.
• Active ageing programme
• Social integration/intergenerational programme.
• Provision of meals.
• Services and programmes for older persons and their families infected and affected by HIV and Aids.
• Protection services against abuse.
• Day care services
• Facilitation of access to economic empowerment services.
• Facilitation of access to transport
• Outreach programmes e.g. home based care services

Outcome

• Respect, dignity and rights of older persons recognised
• Increased independence.

How to apply

Persons in need of the service must apply directly to the Manager of the Facility or through a social worker
Home Based Care

Objective:

- To provide services to frail older persons within the community in order maximally maintain their physiological, social and emotional well being

Target group

- Frail Older person who are 60 years and above, who qualifies in terms of the Dependency Questionnaire of 1998. The priority is older persons who are the poorest of the poor, that is those that are means tested in terms of the Social Assistance Act, 2004.

Types of services

- Services in respect of Indigent Policy e.g. social relief, material assistance, etc
- Protection services against abuse.
- Provision of physical care
- Meals on wheels/feet in case of need.
- Home help services e.g cleaning, laundry
- Facilitate provision of counselling services
- Training of family members on caring for the frail older Persons
- Facilitation of access to health, social development and other services
- Respite care to relieve family caregivers.

Outcome

- Improved quality of life.
- Respect, dignity and rights of older persons restored

How to apply

Persons in need of the service must apply directly to the Manager of the Facility or through a social worker

4. SUPPORT TO NPOS

✓ Establishment / registration, monitoring of services by NPOs / Private facilities.
✓ Capacity building on management of NPOs.
✓ Funding and support to NPOs delivering services to older persons

Outcome

- Enabled environment in which NPOs are strengthened and supported.
- Improved services to Older Persons

The number of services funded is as follows:

NPOs

<table>
<thead>
<tr>
<th>Residential facilities</th>
<th>: 75 reaching 5663 beneficiaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service centers</td>
<td>: 84 reaching 29445 beneficiaries</td>
</tr>
<tr>
<td>Luncheon clubs</td>
<td>: 73 reaching 29445 beneficiaries</td>
</tr>
<tr>
<td>Home-based care programme</td>
<td>: 57 reaching 15498 beneficiaries</td>
</tr>
</tbody>
</table>
GOVERNMENT FACILITY

1 Government managed Residential Facility for Older Persons with a capacity of 90 beneficiaries

5. KEY LEGISLATIONS / POLICIES

- Older Person’s Act, 2006 No 13 of 2006
- SA Policy for Older Persons
- Protocol on the Management of Abuse
- Policy Guideline on Frail Care
- Policy on Financial Awards to Service Providers.
- Public Finance Management Act (Act 1 of 1999).
- Promotion of Access to Information Act (2 of 2000).
- Not for Profit Organisations Act (Act 7 of 1997).
- Service Delivery Model